

<b>Project Title: PSB Highlight Report</b>	<b>Workstream: Live Well Age Well</b>
<b>Project Lead: Jane Whitmore</b>	<b>Date: 3<sup>rd</sup> February 2020</b>

<b>Project Overview</b>	<b>Links to other workstreams or partners</b>
<p>The Live Well Age Objective aims to make Swansea a great place to live well and age well where people are supported to be safe, healthy, independent and resilient in order for them to reach their full potential.</p> <p>To achieve this we need to develop approaches and services which support independence and resilience across communities, moving away from a service delivery model and changing the relationship between public and services.</p> <p>It is important we ask and understand what matters to individuals and what would help to build confident, healthy and resilient communities.</p>	<p>Representatives from the 3 other PSB objectives were invited to participate in the July workshop.</p> <p>There is a link to the Early Years Objective to ensure there is a seamless approach and pathway across the age ranges.</p> <p>Links have been made with the Stronger Communities objective to understand the similarities between the two objectives to avoid duplication.</p> <p>As we all reflect on the focus of the objectives going forward we need to make sure there are strong links and understanding between the objectives as they are congruent.</p>
<b>Project Outcomes/ Milestones</b>	
<ul style="list-style-type: none"> <li>• Revisit existing steps in Wellbeing Plan under this objective to establish what is business as usual and what actions would benefit from a collective partnership approach (April 19)</li> <li>• Mapping of existing work on Ageing Well into the Live Well Age Well objective to ensure nothing is lost (May – June19)</li> <li>• Partnership workshop held to reflect where we have come from and identify key areas of work going forward (July 2019)</li> <li>• Live Well Age Well Group met to give greater thought to key areas of work within the objective and identify 3 priorities for 19/20 (September 2019)</li> </ul>	

- Partnerships lead identified to take action forward (October 2019)
- Live Well Age Well Group met to establish SMART targets & actions for the three priorities. Three separate working groups were established to drive forward the priorities. (Dec 2020)
- Working Groups for the three priorities to meet and work through the detail of the actions (January – March 2020)
- Live Well Age Well Group to monitor progress (January 2020)
- Annual Progress Report to include actions and outcomes complied (March 2020)

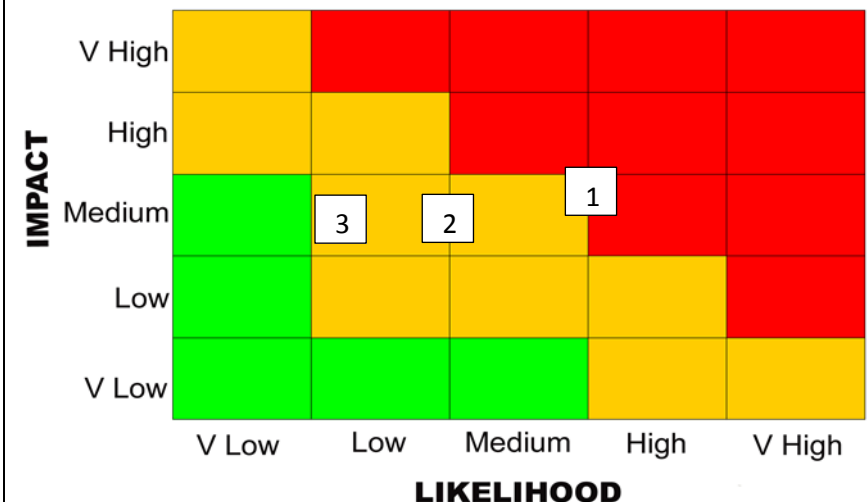
### Key Updates this period

### Overview of key risks

### Highlights – Achievements / Outcomes

- Good partnership buy in around this objective
- A huge amount of work around this area already underway
- Expanded the knowledge base through existing involvement to wider partners
- Three priorities established: A City for All, Active Travel & Health Literacy
- Each priority has a specific working group with a nominated lead, an action plan with expected outcomes and timelines. The working groups will be focussing on the following activity in the next quarter:
  1. **A City for All** - Map existing City status (list them) and their associated commitments; identify opportunities, overlaps and commonalities with a strengths based focus.
  2. **Active Travel** – Carry out an audit to determine obstacles, barriers, problems etc.. Consider the OPERAT model & pilot report (Older People’s External Residential Assessment Tool)

**Risk Matrix (RAG Status)**



1. Risk 1
2. Risk 2
3. Risk 3

<p><b>3. Health Literacy</b> - Adopt a shared health literacy checklist (Top 5- Dementia, Smoking, Sugar free, Green space, best start) Agree top 5 themes and establish if there is a quality mark/standard.</p> <p><b>Challenges/ Barriers/Risks</b></p> <ol style="list-style-type: none"> <li>1. Not joining up all existing work to make sure the Live Well Age Well Objective adds value and not duplicates business as usual</li> <li>2. Not having the right people are around the table to take action and deliver outcomes</li> <li>3. How to expand the lens and age range of this objective</li> </ol>	
<p>Priorities for next period</p>	<p>Stakeholders Involved &amp; Communication undertaken</p>
<ul style="list-style-type: none"> <li>• <b>Priority 1</b> – Three separate working groups to meet to deliver the actions</li> <li>• <b>Priority 2</b> – Ensuring a partnership approach is taken to encourage wider involvement and delivery of the priorities across the PSB and at all levels</li> <li>• <b>Priority 3</b> – Establish a plan for public engagement &amp; consultation</li> </ul>	<p>Stakeholders involved include PSB Partners, wider partners outside the PSB, operational leads and citizens across the age range. Communication is ongoing through our forum work with citizens and through our Live Well Age Well partners</p>
<p><b>Any Actions for PSB: (Please tick as appropriate)</b>      <b>Note</b>      <b>Action</b>    ✓    <b>Decision</b></p> <ul style="list-style-type: none"> <li>• <b>Action 1</b> - Can the PSB consider Culture Change &amp; Involvement to be moved to a cross cutting theme across the 4 objectives? At the moment it just sits within the Live Well Age Well objective and it <del>this</del> was strongly recommended by all present at the Live Well Age Well Objective workshop that this was a output, which should be evidenced across all of the work of the PSB</li> </ul>	
<p><b>Report Prepared by:</b></p>	